



Sherston Parish Council

Community Bleed Kit

Sherston Parish Council has decided to buy and install a Bleed Kit for the village. It is one of those things you hope never gets used, but it is reassuring to know it is there if needed. The Bleed Kit has been installed next to the defibrillator outside the Village Hall.

Bleed kits are not just for stabbings — they are for any serious bleed accidents.

Common scenarios where a bleed kit can save a life

- **Road traffic collisions** — sharp metal, shattered glass, or impact injuries.
- **DIY and home accidents** — power tools, saws, knives, broken ceramics/glass.
- **Falls** — especially from height or onto sharp edges.
- **Outdoor activities** — cycling, hiking, horse riding, or sports injuries.
- **Workplace incidents** — construction, manufacturing, warehousing, agriculture.
- **Farming and machinery accidents** — heavy equipment, tools, animal injuries.
- **Industrial or workshop environments** — lathes, grinders, presses, cutting tools.
- **Everyday mishaps** — even something as simple as tripping and landing badly.

They are designed to help someone until the ambulance arrives.

What is inside? A tourniquet, special dressings, a pressure bandage, gloves, scissors, and simple instructions. Nothing complicated — just the essentials to help in an emergency. It is all made so that anyone can use it, even if you have never done first aid before.

The bottom line

Bleed kits are not about expecting trouble. They are about being prepared for any serious bleed. They are simple, quick, and they can save a life.

In the event that any items from Bleed Kit are used, please email clerk@sherston.org.uk to arrange replacement.